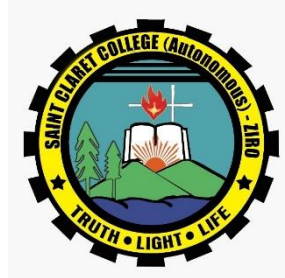


**SAINT CLARET COLLEGE (AUTONOMOUS), ZIRO**  
(Affiliated to Rajiv Gandhi University, Doimukh)  
**ARUNACHAL PRADESH**



**DEGREE PROGRAMME**  
**B.A. HISTORY**  
(Offered as per NEP 2020)

**SYLLABUS**  
(Effective from the academic year 2024 – 2025)

**SAINT CLARET COLLEGE (AUTONOMOUS), ZIRO**  
(Affiliated to Rajiv Gandhi University, Doimukh, Arunachal Pradesh)

**B.A. DEGREE: HISTORY**

**COURSES OF STUDY OFFERED FOR SEMESTERS 1 AND 2**

(Effective from the Academic Year 2024-2025)

(As per NEP 2020)

Subject Code	Title of Course	Credits	Total Hours			Exam Hours	Marks		
			Lecture Hours (L)	Tutorial Hours (T)	Practical Hours (P)		Continuous Internal Assessment	End Semester	Maximum
<b>Semester - 1</b>									
24HI/CC/IB14	The Idea of Bharat	4	4	1	0	3	20	80	100
24HI/MC/IB14	The Idea of Bharat	4	4	0	0	3	20	80	100
24HI/SE/TA13	Tourism in Arunachal Pradesh	3	3	0	0	3	20	80	100
<b>Semester - 2</b>									
24HI/CC/HA24	History of Ancient India (upto 1200 CE)	4	4	1	0	3	20	80	100
24HI/MC/HA24	History of Ancient India (upto 1200 CE)	4	4	0	0	3	20	80	100
24/HI/SE/UH23	Understanding Heritage	3	3	0	0	3	20	80	100

**SAINT CLARET COLLEGE (AUTONOMOUS), ZIRO**  
(Affiliated to Rajiv Gandhi University, Doimukh, Arunachal Pradesh)

**DEPARTMENT OF HISTORY**

**B.A. DEGREE: HISTORY**

**SYLLABUS**

(Effective from the Academic Year 2024-2025)

(As per NEP 2020)

**THE IDEA OF BHARAT**

**CODE: 24HI/CC/IB14**

**CREDITS: 4**

**L T P: 4 1 0**

**TOTAL TEACHING HOURS: 60**

**LEARNING OBJECTIVES:** A student will learn how to:

1. Develop a good understanding of the society, culture, religion and political history of Ancient India.
2. Understand what the term Bharatvarsha entails along with the Ancient Indian Literature.
3. Elaborate Ancient Indian Art and Culture, Science and Technology.
4. Explain the Indian Philosophy.
5. Explain the Science, Environment and Medical science

**COURSE OUTCOMES:** After the completion of course, the students will:

1. Have acquired knowledge regarding the society and cultural status of the people of Ancient India.
2. Have the ability to gather knowledge about society, culture, religion, political, science and technology of Ancient India.
3. Have acquired the knowledge of changing socio-cultural scenarios of India.
4. Know about being health conscious through learning of Ayurveda and Naturopathy

**UNIT 1: Concept of Bharatvarsha**

**(15 hrs)**

- 1.1 Understanding of Bharatvarsha.
- 1.2 Eternity of Synonyms Bharat.
- 1.3 The Glory of Indian Literature: Ved, Vedanga, Upanishads, Epics, Jain and Buddhist Literature, Smriti, Puranas Etc.

**UNIT 2: Indian Knowledge Tradition, Art and Culture**

**(15 hrs)**

- 2.1 Evolution of Language & Script: Brahmi, Kharoshti, Pali, Prakrit, Sanskrit, Titaliri etc.
- 2.2 Salient Features of Indian Art & Culture.
- 2.3 Indian Educational System.

**UNIT 3: Dharma, Philosophy and Vasudhaiva Kutumbakam (15 hrs)**

- 3.1 Indian Perception of Dharma and Darshan.
- 3.2 The Concept of Vasudhaiva Kutumbakam : Man, Family, Society and world
- 3.3 Polity and Governance

**UNIT 4: Science, Environment and Medical science (15 hrs)**

- 4.1 Science and Technology in Ancient India.
- 4.2 Health Consciousness of (Science of Life): Ayurveda, Yoga and Naturopathy.
- 4.3 Indian Numeral System and Mathematics.

**SUGGESTED READINGS:**

1. A.L Basham: The Wonder that was India, Rupa, Delhi 1994
2. A.S Altekar, Education in Ancient India, Nand Kishore & Bros, Varanasi 1944
3. Balbir Singh Sihag: Kautilya: The true founder of Economics, Vitasta Publishing Pvt. Ltd, Delhi, 2014
4. Dharampal: The Beautiful Tree, Other India press, Delhi 1995
5. Faith Robertson Elliott: Gender Family and Society, St. Martin press, New York, 1996
6. Radha Kumud Mookerji: Indian Shipping, Pub. South Asia Books, 1999
7. Thomas Maurice: Indian Antiquities, Pub. T. Maurice, 1806, London
8. Will Durant: The Story of civilization, five communications, US, Jan. 1993(11 Vol)

**SCHEME OF EVALUATION**

**CONTINUOUS INTERNAL ASSESSMENT: 20 marks**

Written Test: 20 marks

Duration of test: 1 hr.

Third Component: Assignment / Quiz /Seminar / Project work, etc. (Any one only)

**END SEMESTER EXAMINATION: 80 marks**

**QUESTION PAPER PATTERN:**

**Duration of Examination: 3 hrs.**

**Section A:** 4 x 5 = 20 marks (4 out of 6 questions to be answered)

**Section B:** 3 x 10 = 30 marks (3 out of 5 questions to be answered)

**Section C:** 2 x15 = 30 marks (2 out of 4 questions to be answered)

**SAINT CLARET COLLEGE (AUTONOMOUS), ZIRO**  
(Affiliated to Rajiv Gandhi University, Doimukh, Arunachal Pradesh)

**B.A. DEGREE: HISTORY**

**SYLLABUS**

(Effective from the Academic Year 2024-2025)

(As per NEP 2020)

**THE IDEA OF BHARAT**

**CODE: 24HI/MC/IB14**

**CREDITS: 4**

**L T P: 4 0 0**

**TOTAL TEACHING HOURS: 60**

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1. Develop a good understanding of the society, culture, religion and political history of Ancient India.
2. Understand what the term Bharatvarsha entails along with the Ancient Indian Literature.
3. Elaborate Ancient Indian Art and Culture, Science and Technology.
4. Explain the Indian Philosophy.
5. Explain the Science, Environment and Medical science

**COURSE OUTCOMES:** After the completion of course, the students will have:

1. Acquired knowledge regarding the society and cultural status of the people of Ancient India.
2. The ability to gather knowledge about society, culture, religion, political, science and technology of Ancient India.
3. Acquired the knowledge of changing socio-cultural scenarios of India.
4. Knowledge of being health conscious through the learning of Ayurveda and Naturopathy

**UNIT 1: Concept of Bharatvarsha**

**(15 hrs)**

- 1.1 Understanding of Bharatvarsha.
- 1.2 Eternity of Synonyms Bharat.
- 1.3 The Glory of Indian Literature: Ved, Vedanga, Upanishads, Epics, Jain and Buddhist, Literature, Smriti, Puranas Etc.

**UNIT 2: Indian Knowledge Tradition, Art and Culture**

**(15 hrs)**

- 2.1 Evolution of Language and Script: Brahmi, Kharoshti, Pali, Prakrit, Sanskrit, Tigaliri etc.
- 2.2 Salient Features of Indian Art & Culture.
- 2.3 Indian Educational System.

**UNIT 3: Dharma, Philosophy and Vasudhaiva Kutumbakam (15 hrs)**

- 3.1 Indian Perception of Dharma and Darshan.
- 3.2 The Concept of Vasudhaiva Kutumbakam : Man, Family, Society and world.
- 3.3 Polity and Governance.

**UNIT 4: Science, Environment and Medical science (15 hrs)**

- 4.1 Science and Technology in Ancient India.
- 4.2 Health Consciousness of (Science of Life): Ayurveda, Yoga and Naturopathy.
- 4.3 Indian Numeral System and Mathematics.

**SUGGESTED READINGS:**

1. A.L Basham: The Wonder that was India, Rupa, Delhi 1994
2. A.S Altekar, Education in Ancient India, Nand Kishore & Bros, Varanasi 1944
3. Balbir Singh Sihag: Kautilya: The true founder of Economics, Vitasta Publishing Pvt. Ltd, Delhi, 2014
4. Dharampal: The Beautiful Tree, Other India press, Delhi 1995
5. Faith Robertson Elliott: Gender Family and Society, St. Martin press, New York, 1996
6. Radha Kumud Mookerji: Indian Shipping, Pub. South Asia Books, 1999
7. Thomas Maurice: Indian Antiquities, Pub. T. Maurice, 1806, London
8. Will Durant: The Story of civilization, five communications, US, Jan. 1993(11 Vol)

**SCHEME OF EVALUATION**

**CONTINUOUS INTERNAL ASSESSMENT:** 20 marks

Written Test: 20 marks

Duration of test: 1 hr.

Third Component: Assignment / Quiz /Seminar / Project work, etc. (Any one only)

**END SEMESTER EXAMINATION:** 80 marks

**QUESTION PAPER PATTERN:**

**Duration of Examination:** 3 hrs.

**Section A:** 4 x 5 = 20 marks (4 out of 6 questions to be answered)

**Section B:** 3 x 10 = 30 marks (3 out of 5 questions to be answered)

**Section C:** 2 x15 = 30 marks (2 out of 4 questions to be answered)

**SAINT CLARET COLLEGE (AUTONOMOUS), ZIRO**  
(Affiliated to Rajiv Gandhi University, Doimukh, Arunachal Pradesh)

**B.A. DEGREE: HISTORY**

**SYLLABUS**

(Effective from the Academic Year 2024-2025)

(As per NEP 2020)

**TOURISM IN ARUNACHAL PRADESH**

**CODE: 24HI/SE/TA13**

**CREDITS: 3**

**L T P: 3 0 0**

**TOTAL TEACHING HOURS: 45**

**LEARNING OBJECTIVES:** A student will learn how to:

1. Understand the meaning and scope of tourism and its feasibility in Arunachal Pradesh.
2. Gain knowledge about the economic prospects and ethno-cultural tourism prospects in the state.
3. Understand tourism through practical field knowledge through projects and fieldwork.
4. Explain the importance of food, customs, folklores and weapons which could be items of tourist attraction in the state.

**COURSE OUTCOMES:** After the completion of course, the students will:

1. Be familiarize with the concepts and scope of Tourism in Arunachal Pradesh.
2. Explore different types of Tourism in Arunachal Pradesh.
3. Understand the importance of food, beverages, costumes, weapons and folklores for the growth of tourism in the state.
4. Understand the practical field knowledge of tourism through projects and fieldwork.

**UNIT 1: Meaning and Scope**

**(15 hrs)**

- 1.1 Tourism: Meaning and Scope
- 1.2 Different types of Tourism: Eco Tourism, Adventure Tourism and Cultural Tourism.
- 1.3 Historical Monuments

**UNIT 2: Economics of Tourism**

**(15 hrs)**

- 2.1 Hospitality
- 2.2 Technology and Communication
- 2.3 Idea of a Destination

**UNIT 3: Ethno-Cultural Tourism**

**(15 hrs)**

- 3.1 Dances and Festivals
- 3.2 Folklores
- 3.3 Food, Costumes and Weapons

## UNIT 4: Project/ Field work

### SUGGESTED READINGS:

1. Ashraf, A.A. Prehistoric Arunachal, 1990.
2. Dallen J. Timothy, and Gyan P. Nyaupan : Cultural Heritage and Tourism in the Developing World, 2011.
3. David A Fennell: Ecotourism, 2014.
4. H. Borgohain : Handloom and Handicraft of the Adis, 1995.
5. Holden Andrew. Environment and Tourism, 2016.
6. Mike J. Stabler, Andreas : The Economics of Tourism, 2010.
7. Sachin Roy : Aspects of Padam-Minyong Culture, 1960.
8. Verrier Elwin : A Philosophy for NEFA, 1957.  
-Do- : The Art of the North East Frontier of India, 1959.

### Websites

1. <http://cultural-heritage-tourism.com>
2. <http://arunachalpradesh.nic.in/tourism.htm>

## SCHEME OF EVALUATION

### CONTINUOUS INTERNAL ASSESSMENT: 20 marks

Written Test: 20 marks

Duration of test: 1 hr.

Third Component: Assignment / Quiz /Seminar / Project work, etc. (Any one only)

### END SEMESTER EXAMINATION: 80 marks

### QUESTION PAPER PATTERN:

**Duration of Examination:** 3 hrs.

**Section A:** 4 x 5 = 20 marks (4 out of 6 questions to be answered)

**Section B:** 3 x 10 = 30 marks (3 out of 5 questions to be answered)

**Section C:** 2 x15 = 30 marks (2 out of 4 questions to be answered)

**SAINT CLARET COLLEGE (AUTONOMOUS), ZIRO**  
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**B.A. DEGREE: HISTORY**

**SYLLABUS**

(Effective from the Academic Year 2024-2025)  
(As per NEP 2020)

**HISTORY OF ANCIENT INDIA (UPTO 1200 CE)**

**CODE: 24HI/CC/HA24**

**CREDITS: 4**

**L T P: 4 1 0**

**TOTAL TEACHING HOURS: 60**

**LEARNING OBJECTIVES:** A student will learn how to:

1. Explain the Political, Economic, Socio-Cultural history of Ancient India until 1200 CE.
2. Describe the Indus Valley Civilization, Vedic Age and other religious movements in India which had a profound impact on India.
3. Understand the foundation and consolidation of the Mauryan Empire and Gupta Empire.
4. Elaborate the growth of administration, art and culture in post-Gupta period.

**COURSE OUTCOMES:** After the completion of course, the students will:

1. Understand the political, economic, and socio-cultural history of Ancient India.
2. Understand the Indus Valley Civilisation, Vedic Age and also the rise of other religions in India.
3. Understand the Mauryan and Gupta empires and also the post-Gupta periods in India.

**UNIT 1: Background** **(15 hrs)**

- 1.1 Indus Civilization: Extent, Basic features and Decline.
- 1.2 Vedic Age: Society and Religion.
- 1.3 Heterodox Sects: Ajivikas, Buddhism and Jainism.

**UNIT 2: The Mauryan Period** **(15 hrs)**

- 2.1 Chandra Gupta Maurya- Conquest and Achievements.
- 2.2 Ashoka- Conquest and Dhamma.
- 2.3 Decline of Mauryan Empire.

**UNIT 3: The Gupta Age** **(15 hrs)**

- 3.1 Chandra Gupta-I: Foundation and Consolidation.
- 3.2 Samudra Gupta: Conquest and Expansion.
- 3.3 Chandra Gupta-II: Administration and Cultural Achievements

**UNIT 4: Post – Gupta Period** **(15 hrs)**

- 4.1 Kushanas and Kanishka: Contribution to Indian Culture.
- 4.2 Harshvardhan: Conquest and Administration.
- 4.3 Cholas: Local Administration, Art and Culture.

**SUGGESTED READINGS:**

1. D.N. Jha. : An Ancient India: An introductory outline, 1998.
2. H.C Raychaudhari, Political History of Ancient India, 1972.
3. R.C. Majumdar. H.C Raychoudhuri and D. Kalikinkar: An Advanced History of India, 1967.
4. R.C. Majumdar and Altekar, A.S Vakataka: Gupta Age, Motilal Banarasi Das, 2007.
5. V.D. Mahajan: Ancient India. New Delhi: S. Chand & Company Ltd. 2004

**SCHEME OF EVALUATION**

**CONTINUOUS INTERNAL ASSESSMENT:** 20 marks

Written Test: 20 marks

Duration of test: 1 hr.

Third Component: Assignment / Quiz / Seminar / Project work, etc. (Any one only)

**END SEMESTER EXAMINATION:** 80 marks

**QUESTION PAPER PATTERN:**

**Duration of Examination:** 3 hrs.

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**SAINT CLARET COLLEGE (AUTONOMOUS), ZIRO**  
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**B.A. DEGREE: HISTORY**

**SYLLABUS**

(Effective from the Academic Year 2024-2025)  
(As per NEP 2020)

**HISTORY OF ANCIENT INDIA (UPTO 1200 CE)**

**CODE: 24HI/MC/HA24**

**CREDITS: 4**

**L T P: 4 0 0**

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- 3.3 Chandra Gupta-II: Administration and Cultural Achievements

**UNIT 4: Post – Gupta Period** **(15 hrs)**

- 4.1 Kushanas and Kanishka: Contribution to Indian Culture
- 4.2 Harshvardhan: Conquest and Administration
- 4.3 Cholas: Local Administration, Art and Culture

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2. H.C Raychaudhari : Political History of Ancient India, 1972.
3. R.C. Majumdar. H.C Raychoudhuri and D. Kalikinkar: An Advanced History of India, 1967.
4. R.C. Majumdar and Altekar, A.S Vakataka: Gupta Age, Motilal Banarasi Das, 2007.
5. V.D. Mahajan: Ancient India. New Delhi: S. Chand &Company Ltd. 2004.

#### **SCHEME OF EVALUATION**

**CONTINUOUS INTERNAL ASSESSMENT:** 20 marks

Written Test: 20 marks

Duration of test: 1 hr.

Third Component: Assignment / Quiz /Seminar / Project work, etc. (Any one only)

**END SEMESTER EXAMINATION:** 80 marks

#### **QUESTION PAPER PATTERN:**

**Duration of Examination:** 3 hrs.

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**SAINT CLARET COLLEGE (AUTONOMOUS), ZIRO**  
(Affiliated to Rajiv Gandhi University, Doimukh, Arunachal Pradesh)

**B.A. DEGREE: HISTORY**

**SYLLABUS**

(Effective from the Academic Year 2024-2025)

(As per NEP 2020)

**UNDERSTANDING HERITAGE**

**CODE: 24/HI/SE/UH23**

**CREDITS: 3**

**L T P: 3 0 0**

**TOTAL TEACHING HOURS: 45**

**LEARNING OBJECTIVES:** A student will learn how to:

1. Understand the importance of heritage and its site.
2. Understand the Evolution of Heritage Legislation and the Institutional framework.
3. Understand the Challenges facing Tangible and Intangible Heritage.
4. Study the relationship between cultural heritages, and landscape and travel recent trends.

**COURSE OUTCOMES:** After the completion of course, the students will:

1. Understand the different facets of heritage and their significance.
2. Understand the legal and institutional framework for heritage protection in India.
3. Understand the challenges of heritage protection.
4. Learn about the heritage sites and recent trends in travelling at the heritage sites.

**UNIT 1: Defining Heritage**

**(15 hrs)**

- 1.1 Meaning of Antiquity
- 1.2 Archaeological site
- 1.3 Tangible heritage, Intangible heritage and Art treasure

**UNIT 2: Evolution of Heritage, Legislation and the Institutional framework (15 hrs)**

- 2.1 Conventions and Acts
- 2.2 National and international Heritage-related government departments, museums, regulatory bodies etc.
- 2.3 Conservation Initiatives

**UNIT 3: Challenges facing Tangible and Intangible Heritage**

**(15 hrs)**

- 3.1 Development
- 3.2 Antiquity smuggling,
- 3.3 Conflict (to be examined through specific case studies)

**UNIT 4: Heritage and Travel**

**(15 hrs)**

- 4.1 Viewing Heritage Sites

- 4.2 Relationship between cultural heritages and landscape
- 4.3 Travel Recent Trends.

**SUGGESTED READINGS:**

1. David Lowenthal, *Possessed By The Past: The Heritage Crusade and The Spoils of History*, Cambridge, 2010
2. H.C.Jain, S.C.Vijay, *Encyclopaedia of Indian History & Culture*, 2010.
3. Layton, R. P. Stone and J. Thomas. *Destruction and Conservation of Cultural Property*. London: Rutledge, 2001
4. Lahiri, N. *Marshaling the Past-Ancient India and its Modern Histories*. Rani khet: Permanent Black. 2012, Chapters 4 and 5.
5. S.S. Biswas, *Protecting the Cultural Heritage (National Legislations and International Conventions)*. New Delhi: INTACH, 1999.
6. Acts, Charters and Conventions are available on the UNESCO and ASI websites ([www.unesco.org](http://www.unesco.org); [www.asi.nic.in](http://www.asi.nic.in))

**SCHEME OF EVALUATION**

**CONTINUOUS INTERNAL ASSESSMENT:** 20 marks

Written Test: 20 marks

Duration of test: 1 hr.

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