

Women's Cell

Report on Self Defense Seminar "BJJ-cum-MMA Seminar."

It is believed that "A healthy body and mind is essential for a healthy living," Hence, the women's cell of the Saint Claret College, Ziro took active participation with a large number of fifty-two students, encompassing, both male and female in a self-defense Seminar "BJJ-cum-MMA Seminar held at Kasa Resort, Ziro on 30th and 31st January, 2020, organized by the team Rodrigo Vellozo (Brazil) from Bangalore, India, in collaboration with MMA, Ziro, Arunachal Pradesh.

Enclosed participation Certificate:



Coordinators: